## **Rehabilitation Frequently Asked Questions**

### 1. Which insurances do you accept?

We accept most insurance plans including Medicare, Humana, United Health Care, AARP, Aetna and Anthem. Please contact the Admissions Coordinator for specifics about your insurance plan and whether it is accepted at Ohio Living Llanfair.

### 2. What is the average length of stay in the Rehab Center?

Our goal is always to optimize your recovery time and get you on the road to a quicker recovery. The average length of stay depends on your health condition and individualized therapy plan. A typical length of stay is anywhere between two and four weeks.

### 3. Is there a continuum of care?

Yes, Ohio Living Llanfair is a full continuum of care life plan community. We offer independent condo-style one- and two-bedroom apartment homes, assisted living apartments and studios, long term nursing care, memory care and rehabilitation.

### 4. How much therapy will I have?

It depends on your health condition and your recovery plan.

# 5. How can my family members get involved with my care and recovery?

A care conference is scheduled after your admission to the Rehab Center. Your family is encouraged to attend and ask questions.

## 6. How does the staff know my individual recovery plan?

This is discussed with you during your first therapy session and upon your initial care conference with nursing staff and care team members. Also, your physician can communicate with us directly to assist in your recovery plan.

# Call 513.591.4516 to learn how our Rehab Center can help you!



### 7. What is outpatient rehabilitation?

Outpatient rehabilitation is for those who are not currently staying in our Rehab Center, but who need to continue their therapy after returning home. Ohio Living Llanfair's therapy team offers outpatient rehab for those living in their own homes and also for all residents living at Ohio Living Llanfair.

### 8. How often will I be seen by a doctor?

The care of Rehab Center guests is overseen by Ohio Living Llanfair's Medical Director. Ohio Living Llanfair's Rehab Center also has a full-time Nurse Practitioner who is on-site Monday through Friday. Please let us know who your primary physician is so we can communicate your recovery progress with them after you return home.

### 9. What are your visiting hours?

Because of the pandemic, visitation on our campus may be restricted at times. Please contact the Admissions Coordinator for details.

#### 10. What are the meal times?

Meals are served in either the Rehab Center dining room or delivered to your suite. Breakfast is 8 to 9:30 a.m.; lunch is 11:15 a.m. to 12:45 p.m.; and dinner is 4 to 5:30 p.m.

### 11. What will my room be like?

At Ohio Living Llanfair, we strive to provide the most comfortable setting during your rehab stay with us. Each suite includes:

- Flat screen television with Spectrum Cable
- Hospital bed
- Recliner
- Mini-refrigerator
- Round table and two chairs for quests
- Full bathroom with handicap accessibility
- Large closet and hangers
- Ample drawer space and a locked cabinet

### 12. What if I'm not ready to go home?

Ohio Living Llanfair's **Stay Longer**, **Be Stronger** program can give you the extra support you need following your rehab stay, before returning home. Enjoy a furnished private guest suite within our Assisted Living at a discounted price for five days. You will gain the additional support, strength and confidence you need to return home safely.